

David S. Litton

4131 Spicewood Springs Rd., K-6
Austin, Texas 78759
(512) 345-6781
Fax: (512) 345-8083

david@davidlitton.com

DAVID S. LITTON, Ph.D.

David S. Litton is a psychologist/consultant with expertise in career and executive counseling as well as change management, psychotherapy, EAP counseling and critical incident debriefing. He has worked with executives, managers, and staff of many organizations, including Fortune 500 companies, to deal with down-sizing, restructuring and various other significant organizational events. He has provided directional counseling to executives and managers and has carried out organization reviews and conflict mediation. In addition, David has owned his own successful businesses which he managed for many years before moving into psychology. He maintains websites www.davidlitton.com and www.spicewoodgroup.com) that include numerous self-help articles and educational links to national and community resources for business, intellectual, emotional, and mental health resources.

Consulting and Strategic Analysis

Can effectively diagnose organizational problems and recommend solutions. Performed needs assessments for businesses and manufacturing facilities. Problems have included cross-cultural work force issues, work force alignment problems, and feedback and performance management systems. **Pre-employment assessment** has been a special focus.

Training and Presentation

Delivered presentations and workshops to groups ranging from 5 to 250 on topics ranging from feedback skills and career continuation to the psychology of change. Effective delivery evidenced by consistently high ratings from participants. Ability to adjust to audiences from other cultures as well as adapt to unexpected audience needs or interests. Provided in-country training for Egyptian Electric Authority.

Development

Co-developed *The Leader's Challenge Toward Autonomous Operation and Leadership and Motivation* for the Egyptian Electric Authority. Co-authored material for structured thematic therapy groups as well as numerous consulting proposals and presentations and customized programs.

Counseling, and Coaching

Has worked with levels ranging from psychotherapeutic to career counseling and executive coaching. Experienced in varied counseling and coaching modalities including individual and structured and open group, brief counseling, dynamic therapy, guided imagery, and hypnosis, EAP model counseling and critical incident debriefing. Certified to deliver Lominger Ltd.'s *Career Architect* leadership development system.

Psychological Assessment

Experienced in a variety of assessment instruments. Administered and interpreted test batteries geared toward intelligence and personality testing, career skills and interests and overall life value patterns. Ability to assemble appropriate materials to adequately assess variables of interest for a variety of needs and circumstances.

EDUCATION

Ph.D. - Counseling Psychology
University of Texas at Austin
Austin, Texas

M.A. Educational Psychology
The University of Texas at Austin
Austin, Texas

B.A. Comparative Religions
The University of Virginia
Charlottesville, Virginia

PROFESSIONAL HISTORY

Private Practitioner/Consultant
Austin, Texas

Drake Beam Morin, Inc.
Vice President, Consultant and Trainer
Austin, Texas

Resource Management Incorporated
Associate Consultant
Austin, Texas

University of Virginia
Counseling Center
Counselor
Charlottesville, Virginia

University of Texas
Career Center
Career Counselor
Austin, Texas

Waterloo Ventures, Inc.
General Manager
Austin, Texas

General Mills Inc.
Manager
Orlando, Florida

The Avenue Corporation
President and General Manager
Austin, Texas

**PROFESSIONAL
MEMBERSHIPS**

Society for Psychologists In Management
American Psychological Association
Texas Psychological Association
Capitol Area Psychological Association